



Horses for Good

Helping horses, helping people

VACANCY: EQUINE WELLBEING FACILITATOR/COACH

As part of our continued growth, we now have a fantastic opportunity for an Equine Wellbeing Facilitator/Coach to join the Horses for Good team based in Rushden, Northants.

We are looking for a self-employed Equine Facilitated Psychotherapist/Equine Facilitated Learning Practitioner with psychotherapy/counselling experience to work with our participants.

1. EXPECTATIONS OF THE ROLE

The role involves facilitating Equine Wellbeing Sessions, therapeutic horsemanship and groundwork. The ideal candidate will have experience of working with horses, animals, children and people with diverse needs.

As an Equine Wellbeing Facilitator, you will offer support for the overall wellbeing of participants at Horses for Good in order to address their social, emotional and mental health needs through the use of horses. The successful candidate will be comfortable working with participants on a one-to-one basis as well as with small group sessions.

a. Duties and Responsibilities

The role involves facilitating Equine Wellbeing Sessions, Equine Assisted Psychotherapy Sessions (depending on experience), Equine Assisted Learning Sessions and therapeutic horsemanship, including groundwork or horse-centred coaching.

The role also involves assisting with our alternative education programme. This includes basic leadership training to small groups and delivering the curriculum for AQA Awards in a range of Equine topics at pre-entry, entry level, level one and level two.

A strict commitment to the hours, punctuality and reliability are crucial. Hours are to be mutually arranged, with a commitment of between three to twelve hours and once set are to remain in place for the duration of the sessions for those participants or groups. Typically, the session could be a single session, for several weeks/months or ongoing longer term over the course of a year or more.



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The need to adhere to our Code of Conduct, Health & Safety, Safeguarding and all Horses for Good's policies as well as a deep level of understanding confidentiality is essential. This role requires an enhanced DBS check and safeguarding training to level three which will be provided.

b. Experience

- Candidates need to be accredited to a professional body and have appropriate insurance matching their qualification.
- Desired qualifications include Equine or Animal Therapy certification, with LEAP or EAGALA, Counselling or Psychotherapy qualifications, preferably at degree level, and any additional relevant qualifications.
- Experience of working with children, young people and animals, particularly horses, is essential.

c. Skills

Essential

- Equine knowledge and handling skills which includes horse behaviour and body language, equine psychology and horse care
- Coaching and therapeutic skills with the ability to listen attentively to concerns and emotional states, empathy without judgment, goal setting, stress management and trauma-informed care.
- Psychological and emotional intelligence with understanding of emotional regulation, conflict resolution, ability to build trust and showing personal integrity.
- Facilitation and group dynamics with ability to manage individual or group sessions, creating a safe space and ensuring that all participants feel included and engaged.
- Time management: organise and schedule sessions effectively and manage resources effectively.
- Clear verbal and written communication for documenting progress, writing reports and ability to communicate professional boundaries.



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Desired

- Self-awareness and resilience, being able to deal with setbacks, challenges, and emotional difficulties that may arise during sessions.
- Educational and instructional skills, being able to adapt to different learning styles or mental/emotional states.
- Developing structured, effective coaching or therapeutic programmes for individuals or groups.
- Business intelligence to understand logistical and financial aspects of running a coaching or therapy programme and support the team to promote services.
- Ongoing education and professional development: staying up to date with best practices in equine-assisted coaching/therapy, as well as advancements in psychology, mental health, and wellbeing.

2. ABOUT HORSES FOR GOOD

Horses for Good is a not-for-profit organisation and is in the process of applying for charity status. We rehabilitate horses and provide them with a home for life. We provide a supportive environment for our participants, volunteers and staff.

Local schools, charities and parents/carers refer participants to us, and we are listed as an Alternative Provision with North Northamptonshire Council. Please see our website for more information: <https://www.horsesforgood.org.uk/>

We support an inclusive culture and diversity for our staff and volunteers. We are committed to encouraging further growth from diverse groups and welcome applications from currently under-represented groups.

3. HOW TO APPLY

To apply, please send a copy of your CV and a covering letter to info@horsesforgood.org.uk by **7th February 2025**.

Please note: Hours and pay are dependent on experience and qualifications.

Volunteers for this and other roles are always welcome to apply at any time